# Reaching the Hard to Reach Feasibility study on reaching children at the 6 months with vitamin A supplementation

Research Guide February 2012

Helen Keller International - Tanzania



### **Glossary of Terms and Abbreviations**

DOB	 Date of birth
DPT3	 The third dose of a vaccine to prevent diphtheria, pertussis (whooping
	cough) and tetanus; children are enrolled in the study when they come to
	the clinic for this vaccine around three months of age
EPI	 Expanded Program on Immunization; a department within the Ministry of
	Health and Social Welfare, which is responsible for vaccination services
GMP	 Growth monitoring and promotion; routine service offered through RCH
	clinics
GM+/ufuatiliaji+	 Name given to the study intervention; at 6 mo., in addition to routine
	growth monitoring, children enrolled in the intervention clinics are to
	receive Vitamin A supplementation and their mothers/caregivers are to
	receive complementary feeding counseling
HCW	 Health care worker
IYCF	 Infant and young child feeding
KAP	 Knowledge, attitudes, and practices; this is the name given to the
	questionnaire administered during the study, as it is measuring these
	three components of a mother's infant feeding behaviors
MUAC	 Mid-upper arm circumference; a measurement that helps to determine an
	individual's nutrition status
RA	 Research assistant
RCH	 Reproductive and child health
SC	 Study coordinator
TFNC	 Tanzania Food and Nutrition Center; coordinates nutrition activities within
	Tanzania
VAS	 Vitamin A supplementation
WHO	 World Health Organization

#### **Study Background**

Vitamin A supplementation (VAS) has been identified as an effective way to prevent childhood blindness and to reduce deaths among children under-5 years of age. Studies indicate that twice yearly vitamin A supplementation results in an estimated 23% reduction in under-5 deaths<sup>1</sup>. The United Republic of Tanzania has been providing twice-yearly, mass vitamin A supplementation to children under-5 since 2001. Recent reductions in child mortality in Tanzania can be attributed, in part, to high coverage rates attained during these twice-yearly campaigns<sup>2</sup>.

Tanzania also provides VAS through the Expanded Program on Immunization (EPI) from health clinics and routine outreach. The current EPI schedule has established times (referred to in this study as contact points) at 1, 2, 3 months and again at 9, 15 and 21 months when children are expected to be brought to the clinic to receive vaccinations. According to this schedule, VAS is first provided through EPI at 9 months when a child receives his/her measles vaccination. However, WHO and Tanzanian VAS guidelines recommend that the first dose of VAS should be given at 6-months. Thus, unless a child is 6 months of age during the period of a VAS campaign (only about 1 out of every 6 children per year) they will not be reached at the earliest possible age.

It is very important that a child be supplemented as early as possible with vitamin A. There is evidence to show that as children grow older, the rates of death decrease significantly with each additional month of life (i.e. the death rate among children who are 7 months of age is less than the death rate among children who are 6 months of age)3. Therefore, VAS protection would have the greatest benefit when children are younger and at a greater risk of death. This is supported by research, which shows that VAS's impact on the total number of lives saved is different for different age groups (see figure 1)4, with more total lives being saved among younger children compared to older children.

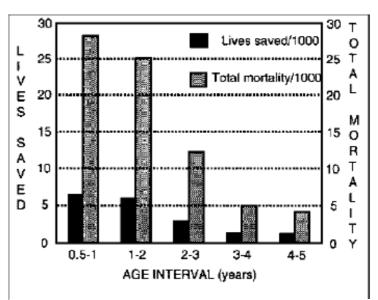


Figure 1: Potential of lives saved through vitamin A supplementation at different age intervals (source: Beaton 1993

The investigators of this study suggest that reaching children at 6 months with VAS is likely to be most effectively accomplished by establishing an official 6-month visit within the national EPI. If an official contact point in between the currently scheduled EPI visits at 3 and 9 months were established, young children could be reached with essential services during an important period in their development. In addition to VAS, these services could include counseling on complementary feeding, catch up vaccination, as well as any other relevant services available to mothers and children in the facility (e.g. family planning, growth monitoring, etc.). An official 6-month visit with an emphasis on nutrition services and counseling could therefore be an effective means of providing VAS and an important addition to the current EPI schedule

- Beaton GH, Martorell R, Aronson KJ, Edmonston B, McCabe G, Ross AC, et al. Effectiveness of vitamin A supplementation in the control of young child morbidity and mortality in developing countries. ACC/SCN State-of-the-Art Series: Nutrition Policy Discussion Paper No. 13. Geneva: The United Nations, 1993
- 2. Masanja, H et al.(2008) Child survival gains in Tanzania: analysis of data fromdemographic and healthsurveys. TheLancet 12 April 2008: 6736(08) p 60562-70.
- 3. Ross &Burkhalter (2007) When Do Infants Die? Analysis of Pooled DHS Data from 67 Countries, AED/Linkagesunpublishedpaper

4. Beaton GH, Martorell R, Aronson KJ, Edmonston B, McCabe G, Ross AC, et al. Effectiveness of vitamin A supplementation in the control of young child morbidity and mortality in developing countries. ACC/SCN State-of-the-Art Series: Nutrition Policy Discussion Paper No. 13. Geneva: The United Nations, 1993

#### Introduction to the Study

This study is a health facility level, randomized controlled study. It will investigate the feasibility and effectiveness of introducing a 6-month contact point into Tanzania's current EPI schedule. In 4 intervention facilities, when the children come at 6-months of age, they will receive vitamin A supplementation in addition to growth monitoring services. Their mothers/caretakers will then receive infant feeding counseling. Note that during this study, the 6-month intervention visit will be called GM+ (or ufuatiliaji+). In 2 control facilities, children will receive the routine quality of care, which, at 6 months, is usually only growth monitoring.

The primary objectives of this study are to determine:

- The age at first dose of vitamin A in the group with access to the intervention services compared to those in the control group with access to current routine services
- Acceptability of a new 6-month contact point to caretakers and health workers

The six-month contact point also presents an opportune time to provide caregivers with infant and young child feeding (IYCF) counseling, which is important because 6 months marks when complementary feeding should begin. Determining whether providing this IYCF counseling is effective will also be important to determining the overall effectiveness of the proposed 6-month visit. With this and the primary objectives in mind, data will be collected to determine when children receive their first dose of vitamin A, how caregivers' infant feeding knowledge, attitudes, and practices change over the study period, and the impact of the new contact point on health workers. Ultimately, this study will provide the Ministry of Health and Social Welfare with evidence and lessons learned for the feasibility of this approach to ensuring children are protected with vitamin A as early as possible.

The study will be conducted within 6 health facilities in the Sengerema District of Mwanza Region: **Katunguru Health Center, Nyamezese Dispensary, Nyachenche Dispensary, Bupandwamela Dispensary, Irigamba Dispensary and Nyamadoka Dispensary**. One enumerator/research assistant will be posted full time at each facility for a total of up to 10 months or until all enrolled children are followed up. Children will be enrolled at their 3-months/12 weeks visit, when they are scheduled to receive their DPT3 vaccine. The enrollment period will be 2 months long, and all children who are 3 months of age coming to the facility for DPT3 vaccination during this period will be eligible. They will remain enrolled until their 9-month EPI visit to receive their measles vaccination. See the study timeline below for a more detailed description of data to be collected throughout the study period.

#### **Data Collection Timeline**

Proposed Timing	Enrollment Visit [3 Months] Feb-March	Growth Monitoring Attendance Tracking  April	Intervention (GM+) Visit [6 Months]  May-June	Growth Monitoring Attendance Tracking July	Discharge Visit [9 Months] August-Sept
Clinic Activity	DPT3 vaccination	Growth monitoring	Intervention: VAS and IYCF counseling Control: growth monitoring	Growth monitoring	Measles vaccination
Data Collection Activities	<ul> <li>Study enrollment</li> <li>Growth monitoring</li> <li>KAP pre-test</li> </ul>	GMP attendance	<ul> <li>Intervention:</li> <li>Receipt of VAS</li> <li>Growth monitoring</li> <li>KAP post-test Control:</li> <li>Attendance at GMP</li> </ul>	GMP attendance	<ul> <li>KAP post-test</li> <li>Child discharged from study</li> </ul>
Forms to be Used	<ul> <li>Child health card data collection form</li> <li>KAP Questionnaire</li> </ul>	<ul> <li>Enumerator         Tally Sheet –         GMP         Attendance</li> </ul>	<ul> <li>Intervention:         <ul> <li>Child health card data collection form</li> <li>KAP Questionnaire</li> </ul> </li> <li>Control:         <ul> <li>Child health card data collection form</li> </ul> </li> </ul>	<ul> <li>Enumerator         Tally Sheet –         GMP         Attendance     </li> </ul>	<ul> <li>Child health card data collection form</li> <li>KAP Questionnaire</li> </ul>

#### Note:

- <u>Each clinic day</u>, the time clinic begins and ends, the number of patients seen, and the number of HCW working needs to be recorded using the "Enumerator Tally Sheet RCH HCW Work Load"
- Attendance at the <u>Vitamin A campaign</u> will need to be documented using the "CHD-VAS Campaign Attendance" data collection form.
- <u>Once all children from the facility have been discharged</u>, exit interviews need to be conducted with RCH staff at the clinic using the "*Health Worker Exit Interview*" form.

How and when to use all of the above mentioned forms is described in the following pages of this research guide.

#### **Data Collection Tools – General Notes**

There will be three bound books containing most of the data collection tools.

[Book 1] Child Data Collection - Original Data

- . Study Enrollment Register
- . Child health card data collection forms
- . Data Hand-Over Tracking

[Book 2] Child Data Collection – Transcribed Copy for Computerized Data Entry

- . Study Enrollment Register
- . Child health card data collection forms

[Book 3] Facility Data Collection – Original Data

- .Enumerator Tally Sheet HCW Workload forms
- . Enumerator Tally Sheet GMP Tally Sheets
- . CHD VAS Campaign Attendance sheets

The information in these books is confidential. You will need to make sure they remain in a locked cabinet when you are not using them. Additionally, **Books 1** and 3 cannot be removed from the facility at any time for any reason until the very end of the data collection period. Book 2 may be taken out of the facility, but only by the study coordinator, and will be tracked and managed by the Study Coordinator. Ultimately, the enumerators/RAs are responsible for the security and maintenance of Books 1 and 3 on a daily basis throughout the study and the Study Coordinator for Book 2. At the end of the study all books will be handed to the Study Coordinator.

You will also have a supply of KAP questionnaires and two clear plastic folders. Unused forms should be kept in one folder, and the completed forms should be placed in the other to be collected by the study coordinator for data entry. These folders should also remain in a locked cabinet when they are not being used, and they cannot be removed from the facility by anyone other than the study coordinator.

The HCW exit interview forms will be distributed to you toward the end of the data collection period.

You will be given a "research assistant ID number". Use this ID number on all forms that ask for it.

It is very important that all forms be filled out completely and accurately. If a space is left blank, it is unclear if the information was not available, or was not collected. Do your best to collect all the necessary information. If information is not written on a child's health card, it may be available in the clinic register. In

the case a space must be left blank, you must then write why it is left blank. Otherwise, the form will be returned to you to complete the information.

The study coordinator will come to the clinic periodically to monitor your progress and to collect new data for data entry. He/she will fill in Book 2 with any new data you have collected, as well as collect any completed KAP questionnaires. It is important to use this time to also discuss any issues. If you are having problems using the forms or collecting the data, discuss them with the study coordinator as soon as possible.

## Forms you are responsible for completing during data collection period:

- . Child health card data collection form
- . Study Enrollment Register
- . KAP Questionnaire
- . Enumerator Tally Sheet RCH HCW Workload
- . Enumerator Tally Sheet GMP Tally Sheet
- . CHD VAS Campaign Attendance
- . Health Worker Exit Interview

#### Data Collection Tools-Child Health Card Data Collection Form

Matan/Vitangelia

This is the main data collection tool for this study. There is one form for each child in the study. On the backside of each form is the consent statement. During the enrollment visit, after you introduce yourself and give an introduction to the study, you must read this statement word-forword to the mother/caretaker. If the mother/caretaker agrees, you may continue and collect the necessary information. The first half of the form (clinic name, child, mother and contact information) should be completed during the enrollment visit. The "DPT3" column should also be completed during this enrollment visit. The second column, "GM+/ufuatiliaji+", is to be completed *only in intervention facilities* when the child comes to clinic at 6 months. In control facilities, if the child is brought in for routine growth monitoring, you only need to write the visit date in the GM+/ufuatiliaji+, column. The last column, "measles/surua", is to be completed when the child returns at 9 months. Before the child may be discharged from the study, you must complete the box labeled "study exit" at the end of the page.

v:::::.

lina la Vitua

a	Jilia la Kituo:		IVI Cady KitOngoji:						
b	Nambari ya mtoto ya utambulisho:  _ Tarehe ya kujiunga na utafiti:   _ ,		Kutoka regista ya kliniki: Tareheya kwanza ya mtoto kupewa huduma katika kiliniki ya RCH:  _ _ / _ _ / _ _ _  RCH - Nambari ya usajili:						
d	Mtoto								
	Jina:								
		_ /  / _ _ _    Me	_   [TAR/MWEZI/MWAKA]						
e	Mama (rekodi hata kama hayupo kliniki pa								
<u></u>	Jina:	ппрја на ппокој							
	Umri:	Miaka							
	Hali ya elimu: □Hana elimu □Elimu isiyo rasmi □Elimu ya Msingi □Baada ya Elimu ya msingi¬Mafunzo ya ufundi stadi □ Hakuhitimu elimu ya skondari □Blimu ya kidato cha nne □Elimu ya kidato cha sita □Elimu ya chuo								
f	Anuani								
	M/kiti was mtaa/kitongoji :								
	Simu ya mkononi #: (ya mama au mtu wa								
	karibu)	_ _ _ _ _ _	.lll	ani kupatikana					
i	Undburter								
	Hudhurio:	g DPT3	h Ufuatiliaji +	Surua					
	Tareh ya hudhurio [TAR/MWEZI/MWAKA]:			//					
	Vitamini A ya utaratibu wa kawaida	na chanjo ya surua							
	Amepata Vitamin A:		N H	N H					
	Taarifa toka kwa:		☐ Kadi ☐ Mama	🗆 Kadi 🗆 Mama					
	Tarehe aliyopata:			//					
	Kama hakupewa vitamini A, kwanini?:								
	Amepata chanjo ya surua:			N H					
	Tarehe aliyopata:								
	Endapo hakupata chanjo ya surua, kwa nini?								
	Ufuatiliaji wa Ukuaji								
	Uzito umerekodiwa:	N H	N H	N H					
	Uzito (kilo):								
	Urefu umerekodiwa:	_ . .    N H	N H	_ . .     N H					
	Urefu (sentimeta):	_ _ _	.	_ -  -  -					
	Mzunguko wa mkono (MUAC) imerekodiwa:	N H	N H	N H					
	MUAC:	_ -	_ -  -  -	.					
	Maswali ya upimaji wa uelewa yametolewa?:	☐ (Upimaji wa kabla)	☐ (Upima ji baada)	☐ (Upimaji baada)					
j	Kumalizika kwa utafiti (mwishoni mv	va hudhurio la surua)							
	Je mtoto alipata matone ya vitamini A mara i		N H	Mtoto ameruhusiwa					
		iliyopata [TAR/MWEZI/MWAKA]:		kutoka utafiti 🗆					
	Je tarehe aliyopata imerekodiwa k	wenye kadi ya mtoto ya afya?:	N H	(herufi za mwanzo za majina)					

- a. Fill in the name of the facility, as well as the village and sub-village in which it is located.
- b. The "child's study identification number" should be taken from the column called "study ID" on the "study enrollment register" form.

  The "study enrollment date" is the date the child attends the clinic to receive their DPT3 vaccine and is enrolled in the study
- c. This information may be written on the child's health card but should be confirmed using the clinic register.
- **d.** Fill in the name, date of birth, and sex of the child
  - e. Fill in the name and age of the mother. Tick the box next to the educational status that most closely describes the mother's highest level of education. This information about the mother should be filled in even if she is not present during the enrollment process. If the caretaker with the child is unsure of any information, you may leave it blank, but write why it is left blank.
  - f. Fill in the contact information. If the mother/caretaker is concerned about giving this information, reassure her that the information will remain confidential and will only be used in case you need to contact her for the study.
  - g. The "DPT3" column is to be completed *for all children* using the child's health card during the enrollment process, *after* the child has completed their clinic visit. Fill in the <u>date of the visit</u>. You do *not* need to fill in any information on routine vitamin A and measles immunization. Only fill in the <u>growth monitoring</u> information, and once you have completed the <u>KAP survey</u>, tick the box.

# Data Collection Tools—Child Health Card Data Collection Form [Continued]

Hudhurio:	g <i>рет з</i>	h Ufuatiliaji +	Surua
Tareh ya hudhurio	1 1	1 1	1 1
[TAR/MWEZI/MWAKA]:			
Vitamini A ya utaratibu wa kawaida	na chanjo ya surua		
Amepata Vitamin A:		N H	N H
Taarifa toka kwa:		☐ Kadi ☐ Mama	☐ Kadi ☐ Mama
Tarehe aliyopata:		//	
Kama hakupewa vitamini A, kwanini?:			
Amepata chanjo ya surua:			N H
Tarehe aliyopata:			
Endapo hakupata chanjo ya surua, kwa			
nini?			
Ufuatiliaji wa Ukuaji			
Uzito umerekodiwa:	N H	N H	N H
Uzito (kilo):	.	_ _ .	_ -
Urefu umerekodiwa:	N H	N H	N H
Urefu (sentimeta):	_ _ _	_ .	_ .  -
Mzunguko wa mkono (MUAC) imerekodiwa:	N H	N H	N H
MUAC:	.	.	_ -
Maswali ya upimaji wa uelewa yametolewa?:	☐ (Upimaji wa kabla)	☐ (Upimaji baada)	☐ (Upimaji baada)
Kumalizika kwa utafiti (mwishoni mv	va hudhurio la surua)		
Je mtoto alipata matone ya vitamini A mara i	bili kwa mwaka tangu ameji unga?:	N H	M to to ameruhusiwa
Tarehe a	liyopata [TAR/MWEZI/MWAKA]:		kutoka utafiti 🗆
Je tarehe aliyopata imerekodiwa k	wenye kadi ya mtoto ya afya?:	N H	(herufi za mwanzo za majina)

h. The "GM+/Ufuatiliaji+" column is to be completed only for children at intervention facilities after the clinic visit. Fill in the date of the visit. Then, look at the child's health card and indicate if the child received vitamin A during the visit. If nothing is written on the child's health card, you may ask the mother if her child received vitamin A. Circle either yes (N) or no (H). Tick the box next to "kadi" if you were able to get the information from the child's health card. Tick the box next to "mama" if you had to ask the mother for the information. Write the date the child received vitamin A (may not, but likely to be the same as the "visit date").

If the child did *not* receive vitamin A, write why not in the space provided (e.g. mother refused, VAS was not available at the facility). You do *not* need to fill in any information on measles vaccination. Complete the <u>growth</u> monitoring information also using the child's health card. Once you have completed the <u>KAP survey</u>, tick the box.

For *children at control facilities*: only if the child is brought in for growth monitoring at 6 months, fill in the <u>date of the visit</u>, but do *not* collect information for vitamin A and growth monitoring, and you do not need complete the KAP survey.

- i. The "measles/surua" column is to be completed *for all children* using the child's health card *after* the child has completed their clinic visit. Fill in the <u>date of the visit</u>. Then, look at the child's health card and indicate if the child received <u>vitamin Aduring the visit</u>. If nothing is written on the child's health card, you may ask the mother if her child received vitamin A. Circle either yes (N) or no (H). Tick the box next to "kadi" if you were able to get the information from the child's health card. Tick the box next to "mama" if you had to ask the mother for the information. Write the date the child received vitamin A (may not, but likely to be the same as the "visit date"). If the child did *not* receive vitamin A, write why not in the space provided (e.g. mother refused, VAS was not available at the facility). Use the child's health card to indicate if the child received the <u>measles vaccine</u>. Write the date the child received the measles vaccine (may not, but likely to be the same as the "visit date"). If the child did *not* receive the measles vaccine, write why not in the space provided (e.g. mother refused, vaccine was not available at the facility). Complete the <u>growth monitoring</u> information also using the child's health card. Once you have completed the <u>KAP survey</u>, tick the box.
- j. The "study exit" information can also be completed after the child's measles visit at 9 months. The information may be written on the child's health card. If it is not, you will need to look at the "CHD-VAS Campaign Attendance" form you completed during the Vitamin A campaign in June. Circle yes (N) or no (H) to indicate if vitamin A was received. If this information is not on the child health card and was not recorded on the "CHD-VAS Campaign Attendance" form, but the mother/caretaker confirms the child attended the campaign, then write in the margin at the bottom of the page that the information was reported by the mother/caretaker. Fill in the date VAS was received (i.e. the date the child attended the campaign). Then, circle yes (N) or no (H) to indicate if this information is written on the child's health card. Once you have completed this information tick the box to indicate the child is discharged from the study and write your initials. Make sure to thank the mother/caretaker for their participation in the study.

#### **Data Collection Tools –Study Enrollment Register**

This form will help you to keep track of the children enrolled in the study for your facility. For each child you enroll, you will want to write their name, their RCH registration number, and their mother's name. The study ID number should then be written on the "child health card data collection form". The enrollment period will be for 2 complete months. During these 2 months, you are to enroll all eligible children (children coming to the facility at 3 months of age for DTP3 vaccination) whose mothers/caretakers give consent. First you should read the consent statement on the back of the "child health card data collection form" and have the mother sign if she agrees. Then write the child's information on the register and transfer the study ID number to their data collection form.

а	Study Enrollment Register [Facility No. 1]																
T	Resea	rch assista	nt ID	No.:			Facility name:					Date first o	child e	nrolle	d:/_	/	
L				Village: _			Sub-vil	lage:									
b		c	d		e —	f		g	<del></del>		, h		ī				
T	Form No.	Study ID No.		Child's Name	RCH Registration No.		Mother's Name		РТЗ	s attend GM+	ed: Measles	Discharged from the study			Comme	ents	
	1.	101															
	2.	102															
	3.	103															
	4.	104															
	5.	105															
L	6.	106															
L	7.	107															
	8.	108															
L	9.	109															
L	10.	110															
L	11.	111															
L	12.	112															
L	13.	113															
L	14.	114						$\perp$									
L	15.	115															
L	16.	116															
L	17.	117															
	18.	118															
	19.	119															
	20.	120															

- a. Fill in your ID number and the name of the facility. Fill in the name of the village and subvillage in which your facility is located. The "date first child enrolled" should be the date when you enroll the first child for your facility.
- **b.** The "form no." is the number written on the bottom right corner of the "child health card data collection form". This number will help you to quickly find the appropriate form for each child.
- c. The "study ID no." is the unique number given to each child in the study. When you enroll a child, this number should be written in the information panel of the "child health card data collection form".
- d. Fill in the child's name
- **e.** "RCH registration no." is the number the facility assigns to each child. This number should be written on the child's health card and the clinic register
- f. Fill in the mother's name
- g. This column is meant to help you keep track of when a child attends each of the study visits. Tick the appropriate box once the child has attended. Note that in control facilities, the child may or may not attend GMP at 6 months, but tick the box if he/she attends.
- **h.** Tick the box when the child has been discharged from the study.
- Use this column if you need to make any comments. For example, if a mother changes her mind and no longer wants her child in the study, you must indicate this.

#### **Data Collection Tools –KAP Questionnaire**

**KAP Questionnaire** 

In *intervention facilities*, the KAP questionnaire is to be completed after all three study visits. In *control facilities*, the KAP questionnaire is to be completed only during the enrollment visit and the discharge visit. It is up to you whether you want to complete this questionnaire or the "child health card data collection form" first, but both need to be completed for each study visit.

Jin	a la Mtoto	Jina la kituo:							
Na	mba ya utambulisho ya mtoto katika utafiti	<u></u>							
		Hudhurio: □DPT □Ufuatiliaji + □Sui	rua						
<sub> </sub> ;	na la mama:	Tarehe ya hudhurio://							
Ka	ıma sio mama , jina la mtu anaehojiwa:	na pia							
UI	husiano wake na mtoto:								
NA.	SWALI	KANUNI YA UJAZAJI	SKIP	VARIABLE					
1	Je [JINA] bado anayonya?	1. Ndiyo		pbf					
	De Dinay bado anayonya:	2. Hapana	Go to Q4	ры					
	Je [JINA] alinyonyeshwa jana toka kulipopambazuka	1. Ndiyo							
2.	hadi leo jua lilipochomoza?	2. Hapana		pbf24hr					
	,	8. Sijui							
	Unatarajia kuendelea kumnyonyesha [JINA] hadi akiwa	_Miezi							
3.	na umri gani?	,	Go to Q6	pbfintend					
		,	Go to Q6						
	Ni kwa miezi mingapi ulimnyonyesha [JINA]?	Miezi							
4.	KAMA NI CHINI YA MWEZI MMOJA, JAZA "00" MIEZI	_  Siku		pbfdur					
<b></b>	HALAFU JAZA IDADI YA SIKU	88. Sijui							
		01. Maziwa hayatoki							
		02. Maziwa hayatoshi							
		03. Sina muda							
		04. Kazi nyingi	SKIP IF						
	L	05. Mama anaumwa/amedhoofu	CHILD IS						
5.	Ni sababu gani hasa ilisababisha uache kumnyonyesha	06. Siwezi kula vya kutosha ili kuweza	STILL BF	STILL BF pbfstp					
	JINA]?	kunyonyesha							
		07. matizo ya chuchu/matiti							
		08. Mtoto anaumwa/amedhoofu							
		09. Muda wa kulikiza/kuachisha							
		10. Nilipata ujauzito							
<u></u>		99. Mengineyo (Taja)							
	Ni katika umri gani, wewe au mwingine yeyote alianza	_   Miezi							
6.	kumpa [JINA] vyakula vingine tofauti na maziwa ya	I _ Siku psoli							
	mama? KAMA NI CHINI YA MWEZI MMOJA, JAZA "00" MIEZI HALAFU JAZA IDADI YA SIKU	88. Sijui	Co to 013						
		99. Ananyonya maziwa ya mama pekee	50 to Q13						
7.	Je [JINA] ali kula chakula chochote kigumu, kilaini	1. Ndiyo	Go to 013	neolida					
l "	kidogo au kilaini kabisa kati ya jana kulipopambazuka na leo?	2. Hapana	1	psolid2					
		8. Sijui	50 to Q12						
	Ni mara ngapi [JINA] alikula chakula kigumu au kilaini		C- 1- 0						
8.	kuanzia kulipopambazuka jana hadi leo?  KAMA MAMA ATASEMA HAJUI DODOSA ZAIDI ILI KUSAIDIA	99. Hakl chakula chochote kiguma wala laini	Go to Q12 Go to Q12	psolid3					
	MAMA KUKADIRIA NI MARA NGAPI.	toka jana	30 10 (12						
		1. Ndiyo							
9.	Je [JINA] alikunywa uji muda wowote kati ya jua	2. Hapana	Go to 012	penrch1					
]	kuchomoza jana na jua kuchomoza leo?	8. Sijui	1	penan					
	Je kulikua na kitu kingine kilichoongezwa kwenye	1. Ndiyo	-5 10 412						
10	uji/unga wakati unaandaliwa ama wakati [JINA]	2. Hapana	Go to 012	penrch2					
1	anapewa uji?	8. Sijui	1	PELITORE					
		July	00 10 412						

- a. Fill in the name of the child, the child's study ID number and the mother's name. If the mother is not present for the visit, you need to write the name of the person you are interviewing and their relationship to the child. Fill in the name of the facility. Tick the box next to the name of the visit for which you are filling the KAP questionnaire, and fill in the visit date. It is very important that you fill in this section completely and accurately so the survey can be traced back to the child and the correct visit. Note that if you are in a control facilities, you will not fill out a KAP questionnaire for a GM+/ufuatiliaji+ visit.
- **b.** Ask the 20 questions exactly as worded on this questionnaire. Carefully follow the skip patterns indicated in the column labeled "skip," as it is important to mark an answer for all relevant questions. Do not read the answer choices to the respondent. Let the respondent answer the question, and then you should circle the response that most closely matches the answer. There are words that are written in bold italics and all CAPITAL letters. These are instructions to you and should not be read to the respondent. You should mark only one answer for each question, unless instructions say to do otherwise. Make sure to write clearly and clearly circle the appropriate codes.

## Data Collection Tools – Enumerator Tally Sheet-RCH HCW Workload

The information collected on this form will be used to calculate how the 6-month visit changes the workload of health care workers. You will need to fill out a row on this form for each clinic day. One sheet will be filled out per month.

	Enumerator Tally Sheet - RCH HCW Workload												
				y Sheet - RCH I	ICW Workload Month:								
		search assistant	ID No.:	Nell									
	Facility name:			_ Village:	Sub-	illage:							
	Date (DD/MM/YY)	Time first mother/child seen by HCW (HH:MM)	Time <u>last</u> mother/child exited the clinic (HH:MM)	patients seen	Total number of HCW working in clinic today	Was today a typical day? If no, indicate why not							
b	C		k	e	f	y N g							
	//	:	:			Y N							
	//	:_	::			Y N							
	//	:	:			Y N							
	//	:	:			Y N							
	//	:	:			Y N							
	//		:			Y N							
	//	:_	:			Y N							
	//	:	:			Y N							
	//	:	:			Y N							
	//	:	:			Y N							
	//	:	:			Y N							
	//	:	:			Y N							
	//	:	:			Y N							
	//	:	:			Y N							
	//	:	:			Y N							
	//	:	:			Y N							
	//	:	:			Y N							
	//	:	:			Y N							
	//	:	:			Y N							
	//	:	:			Y N							
	//	:	::			Y N							
	//	:	:			Y N							
	//	:	:			Y N							
	//	:	:			Y N							
	//	:	:			Y N							
	//	:	:			Y N							
	//	:	::			Y N							
	//	:	;			Y N							
	//	:	:			Y N							
	//	:	:			Y N							

a. Fill in your ID number. Write the month the particular sheet is being used to document. Also, write the name of the facility and the village and sub-village in which it is located.

Each day you will:

- **b.** Fill in the date.
  - c. Write the time when a health worker saw the first mother or child. Do not write the time when the first patient arrived, but rather the time when they actually started to receive clinic services.
  - **d.** Write the time when the *last* mother or child exited the clinic for the day.
  - e. When the clinic has stopped offering services, fill in the total number of patients seen that day in the RCH clinic. This information can be tabulated from the clinic register at the end of each day.
  - f. Indicate the total number of RCH staff available to offer clinical services that day.
  - g. Circle Y (yes) or N (no) to indicate if the day was a typical day. If the day was not typical, then briefly describe why not. For example, if a patient arrived at the clinic that day with a serious problem that required a lot of time from the staff, then you should indicate this

#### **Data Collection Tools – Enumerator Tally Sheet-GMP Attendance**

The information collected on this form will be used to estimate what percentages of children of different ages come to receive normal GMP clinic services each month. During the months of April and July, you will fill a column for each day of the month. You will need to complete 5-6 sheets per month. Each day, sit with the staff as they provide the growth monitoring services. For each child that is present at the clinic only for growth monitoring, record his/her date of birth.

	Facility name:	_			Village:	_	Sub-village:	_		
	Directions	: F	or each day of the r	non	th, record the DOB of	ev	ery child that comes in	0	nly for	GMP
b	Date (DD/MM/YY):		Date (DD/MM/YY):		Date (DD/MM/YY):		Date (DD/MM/YY):		Date	(DD/MM/YY):
	Child Data of Birth		Child Date of Dist	+	Child Para of Birth		Child Data of Birth		Child	_//
	Child Date of Birth No. (DD/MM/YY)		Child Date of Birt	- 1	Child Date of Birth No. (DD/MM/YY)		Child Date of Birth No. (DD/MM/YY)		Child No.	Date of Birth (DD/MM/YY)
			1	4	1 1		1 1 1			/ /
	1//		1//_	+	1//		1/		1.	
	2//		2//_	4	2//		2//		2.	//
	3//		3//_	4	3//		3//		3.	//
	4//		4//_	4	4//		4//		4.	//
	5/		5//_	_	5/		5/		5.	//
	6/		6//_	_	6//		6/		6.	//
	7/		7/	_	7//		7/		7.	//
	8/		8//_	_	8//		8/		8.	//
	9/		9//_	_	9/		9/		9.	//
	10//		10//_		10//		10//		10.	//
	11//		11//_	_	11//		11//		11.	//
	12//		12//_	_	12/		12//		12.	//
	13//		13//_		13//		13//		13.	//
	14//		14//_		14//		14//		14.	//
	15//		15//_		15//		15//		15.	//
	16//		16//_		16/		16//		16.	//
	17/		17//_		17//		17//		17.	//
	18//		18//_	_	18/		18/		18.	//
	19//		19//_	_	19//		19/		19.	//
	20//		20//_	_	20//		20/		20.	//
	21//		21//_	_	21/		21/		21.	//
	22/		22//_		22/		22/		22.	//
	23//		23//_	_	23//		23//		23.	//
	24//		24//_	_	24//		24//		24.	//
	25//		25//_	_	25//		25//		25.	//
	26//		26//_	_	26//		26//		26.	//
	27//		27//_	_	27//		27/		27.	//

**Enumerator Tally Sheet - GMP Attendance** 

Research assistant ID No.:

a. Fill in your ID number. Write the month the particular sheet is being used to document. Also, write the name of the facility and the village and sub-village in which it is located.

For each day of the month:

**b.** Fill in the date at the top of the column. Then, as patients go through GMP, write their dates of birth. Remember to only record the DOB for those children who are at the clinic only for GMP and not for any other services (i.e. to also receive care for an illness or a vaccine).

#### **Data Collection Tools – CHD-VAS Campaign Attendance**

For both intervention and control facilities, we want to know generally about all children and at what age they attend the vitamin A campaign that will take place during the data collection period in June. This will include non-study children, as well as study children. For all study children, they cannot be discharged from the study until this information is collected. The Campaign Attendance form will help you to accomplish this task. Filling in the forms will require you to attend the campaign days and mark all children who come to receive VAS as well as their birthdates. The campaign days are likely to fall over a weekend. *In all facilities*, remind mothers/caretakers during the enrollment (3-month) visit to bring their child's health card to the upcoming campaign. During the campaign, we will ask health workers to indicate receipt of VAS on each child's health card. You may need to look back at this form when discharging children from the study (see [j] in description for Child Health Card Data Collection Tool) to ensure you have their data.

			СН	ID-VAS Camp	aign Attend	ance				
	Enumerator's nam	e:					(fill new	form for each day)		
	Facility name:			Village:						
STUDY. FIL	: FILL IN THE INFORMATIOI LL IN A NEW FORM FOR EA n-study child), check if they	CH NEW	DATE OF	THE CAMPAIGN in the study. If y	I. During the ca	ampaign, a	fter identi	fying each child that	has recei	ved VAS
	Child's Name		enrolled study?	If in study, child's study identification number	Child's RCH registration number		ed VAS entation impaign?	Date of birth of child (DD/MM/YY)	receipt v	alth card
1		Υ	N	1_1_1_1		Υ	N	_/_/_	Υ	N
2		Υ	N	1_1_1_1		Υ	N	_/_/_	Υ	N
3		Y	N	_ _ _		Υ	N	_/_/_	Υ	N
4		Y	N	_ _ _		Υ	N	_/_/_	Υ	N
5		Y	N	_ _ _		Y	N	_/_/_	Y	N
6		Y	N	_ _ _		Y	N	_/_/_	Y	N
7		Y	N	_ _ _		Y	N	_/_/_	Y	N
8		Y	N			Υ	N	_/_/_	Y	N
9		Y	N			Υ	N	_/_/_	Y	N
10		Y	N			Y	N	_/_/_	Y	N
11		Y	N			Υ	N	_/_/_	Υ	N
12		Y	N			Y	N	_/_/_	Υ	N
13		Y	N		7	Y	N	_/_/_	Y	N
14		Y	N	CAL		Y	N	_/_/_	Y	N
15		Y	N			Y	N		Y	N
16		Y	N	_ _ _		Y	N		Y	N
17		Y	N	_ _ _		Y	N		Y	N
18		Y	N			Y	N	_/_/_	Y	N
19		Y	N			Y	N		Y	N
20		Y	N			Y	N		Y	N
21		Y	N			Y	N	_/_/_	Y	N
22		Y	N			Y	N	_/_/_	Y	N
23		Υ	N			Υ	N N		Y	N
24		Y	N N	_ _ _		Y	N N		Y	N N
26		Y	N			Y	N		Y	N
27		Y	N	1 1 1 1		Y	N		Y	N
28		Y	N			Y	N N		Y	N
29		Y	N			Y	N N		Y	N
30		Y	N			Y	N		Y	N
31		Y	N			Y	N		Y	N
32		Υ	N			Υ	N		Υ	N
33		Y	N	1_1_1_1		Υ	N		Υ	N
34		Y	N	1_1_1_1		Υ	N	_/_/_	Υ	N
35		Y	N	_ _ _		Y	N		Y	N
36		Y	N	_ _ _		Υ	N	_/_/_	Υ	N

- a. Fill in your ID number. Write in the dates of the dates of the campaign for your facility. Fill in the name of the facility and the village and sub-village in which it is located. You should complete one set of forms for EACH day of the campaign. Additional blank sheets are provided if more than 36 children attend on any individual day.
- **b.** During the campaign, fill in the name of each child who attends the VAS campaign. Identify if the child is enrolled in the study by circle Y (yes) or N (no). If yes, fill in their study ID number.
- **c.** Include the RCH registration numbers that correspond to the study identification number for children who are enrolled in the study, you can leave this blank for all other children.
- **d.** During the campaign, if a child receives VAS circle Y (yes) to indicate receipt. Some children may attend but not receive VAS for one reason or another.
- **e.** Fill in the date of birth of the child who attended the campaign.
- **f.** Circle Y (yes) or N (no) to indicate if a health worker wrote the date of VAS receipt on the child's health card.

#### Data Collection Tools – Health Worker Exit Interview

The "Health Worker Exit Interview" will help with the assessment of the feasibility of introducing a 6-month contact point. This interview only needs to be completed with staff members from intervention facilities. The forms will be distributed to you during the end of the data collection period, when most children have been discharged from your facility. Once these forms have been distributed to you, please sit down with individual health workers that provide services for the RCH clinic. Ask them the 11 questions on this form and fill in their responses. Do *not* give these forms to staff to fill out themselves. Please conduct interviews with as many health workers involved with the RCH clinic as possible.

9. Je, utapendekeza shughuli kama hizi zifanyike pia katika vituo vingine? 🔲 Ndio 🔲 Hapana
b. Kama hapana, kwa nini?
. Kama ndio, ni kwanini utapendekeza ifanyke katika vituo vingine?
). Endapo hudhurio kama hili katika umri wa miezi sita utaweka katika mpango wa taifa kama moja huduma kwa watoto Ilio na umri chini ya miaka mitano; utakua na mapendekezo gani kutokana na uzoefu wako kitika utafiti huu?
. Je, una mapendekezo ya ziada kuhusiana na utafiti huu?
dika maelezo yoyot e ya ziada kuhusiana na usali huu katika sehemu hii; au endapo unahitaji sehemu ya ziada ya andika majibu ya msailiwa kuhusiana na maswali hapo juu (lakin i hakikizha unaonyesha namba ya swali linalojibiwa pa):
pa;
b.

- **a.** Fill in the date the interview is being conducted. Write the name of the facility. Tick the box next to title that best describes the person to whom you are talking. If none of the titles describe the individual's job within the RCH clinic, then you may tick the box next to other and write in their title. Fill in the individual's age and sex.
- **b.** Fill in the number of years, months, or days the individual has been working in the facility. Write in the number and tick one of the boxes to indicate if it is years, months, or days.
- **c.** Tick the appropriate box to indicate if the individual is aware of the study. If you tick "hapana", then you should end the interview, but do *not* discard the interview.
- **d.** Write in how the individual was involved in the study. For example, he/she may have been responsible for giving VAS at 6 months, or providing IYCF counseling, or both. Or, for example, he/she may have been responsible for training staff on any one of the intervention services. Please be as descriptive as possible.
- **e.** Complete the remaining questions (4-11). Some require you to write a response. Write only what the individual says, but write the response as completely as possible. If a question that should have an answer is left blank, write why it is left blank (for example, respondent refuses to answer).
- **f.** Use this space if the respondent's answers are longer than the space provided. If you need to use this space, write in the question number. Also, you may use this space to make any notes you have for the interview.

#### **Monitoring Tools – General Notes**

The monitoring tools for this study are meant to ensure proper data collection and good data quality. You will be responsible for completing only one of the monitoring tools, the "Data Hand-Over Tracking" form, which is described on the next page.

The other monitoring tools are also described in the following pages, with instructions meant for the study coordinator (SC). It is, however, useful for you to understand these tools because you will be important in helping the SC to conduct the activities required to complete these. Read through the descriptions that follow, but remember that you will only be responsible for the "Data Hand-Over tracking" form.

#### **Monitoring Tools – Data Hand-Over Tracking**

This form will help you to keep track of forms that have been handed over to the study coordinator and have left your facility. Each time a KAP survey has been handed over to the study coordinator (SC) he/she will write the date of receipt and provide a signature. Once the SC has provided a signature he/she becomes responsible for ensuring the form is not lost and is kept confidential. At the end of the data collection period, you will hand over both Books 1 and 3 to the SC. When this happens, he/she should write the date of receipt and provide a signature for the "child study form column". All forms are likely to be handed over at one time, and only one signature and date needs to be provided. If individual study forms are handed over separately, then a signature and date needs to be provided for each one.

а		Data Hand-Over Tracking	
	Research assistant's name: _		Date first child enrolled://
L	Facility name:	Village:	Sub-village:

Directions: The study coordinator (SC) will perform monitoring visits to your facility on a regular basis. Each time he/she visits, you should hand over all completed KAP questionnaires. Have the SC sign in the appropriate spaces provided to indicated they have recieved the questionnaires.

b	provided to indicated they have recieved the questionnaires.											
	Child's Study ID No.	DPT3 - KAP Received by SC	Date	GM+ KAP Received by SC	Date	Measles - KAP Received by SC	Date	Child Study Form	Date			
	101											
	102											
	103											
	104											
	105											
	106											
	107											
	108											
	109											
	110											
	111											
	112											
	113											
	114											
	115											
	116											
	117											
	118											
	119											
	120											
	121											
	122											
	123											
	124											
	125											
	126											
	127											
	128											

- **a.** Fill in your ID number. Write the date the first child was enrolled in *your* facility. Write the name of the facility and the village and sub-village in which it is located.
- b. When you complete a KAP questionnaire for a child, you will place it in the clear plastic folder for completed questionnaires. When the SC performs his/her monitoring/data collection visit, the questionnaires in this folder will be handed over. The SC should then sign and date in the row and column that corresponds to the forms being collected. Note that for control facilities there is no "6 months GM+ KAP" column because this data is not collected for children in the control facilities.
- c. The Study Coordinator will be responsible for tracking the movement of Book 2 – the Transcribed/Copied Data from Book 1.

#### **Monitoring Tools – Study Data Entry Tracking**

The study coordinator will use this form to keep track of what data has been collected, and then entered. The first half of the form is the same as the corresponding facility's "study enrollment register". Each time the study coordinator collects data, either the KAP questionnaires or from the "child health card data collection" forms he/she should write the date of collection. Once that data is entered into the data entry field, the box next to the date should be ticked. By comparing this form to the "study enrollment register" (refer to [g] in the description of the study enrollment register), the SC can double-check what data was collected since his/her last visit at the facility (i.e. if a child has attended a study visit [indicated by a tick in the box on the "study enrollment register"] for which data has not been collected [would be indicated by no tick in the corresponding boxes on this form], then the SC knows data should be available for collection). These instructions are for the SC to follow:

Study Data Entry Tracking [Facility No. 1]

					Facility name:					Date first child enrolled:/						
		Village:			:	Sub-village:										
b	C d			е	RCH	f	f	g								
	No.	No.	Child	Child's Name	Registratio No.	n	Mother's Name		DPT3	DTP3-KAP	GM+	GM+ KAP	Measles	Measles- KAP	Study Exit	
	1.	101														
	2.	102														
	3.	103														
	4.	104														
	5.	105														
	6.	106														
	7.	107														
	8.	108														
	9.	109														
	10.	110														
	11.	111														
	12.	112														
	13.	113														
	14.	114														
	15.	115														
	16.	116														
	17.	117														
	18.	118														
	19.	119														
	20.	120														

- a. Write the ID number for the research assistant at the facility, as well as the facility name and village and sub-village in which it is located. The date the first child was enrolled at that particular facility should be written as well.
- **b.** As on the "study enrollment register" the "form no." corresponds to the page number given to that particular child's "child health card data collection form". Use this number to more easily find the child's form in Books 1 and 2.
- **c.** The "study ID no." is the unique number given to each child in the study. When a child is enrolled, this number should be written in the information panel of the "child health card data collection form".
- d. Fill in the child's name.
- **e.** "RCH registration no." is the number the facility assigns to each child. This number should be written on the child's health card and the clinic register
- f. Fill in the mother's name.
- g. Each time data is collected for a child listed on this form, write in the date of collection in the corresponding column. For example, if child "116" has attended the GM+ visit, then you need to collect the data in the GM+ column of the "child health card data collection form" and the GM+KAP. Then once the collected data has been entered into the data entry field, tick the appropriate box.

#### **Monitoring Tools – Data Quality Monitoring**

This form is meant to help the study coordinator monitor and document data quality issues. He/she should use this form when collecting data from each facility. Before signing that he/she has received a KAP questionnaire from the research assistant, the SC needs to review the form for mistakes or missing data. Any issues should be recorded using this form, and then resolved, if possible, *before* removing the forms from the facility. Similarly, the SC should record any mistakes or missing data from the "child health card data collection forms" encountered when copying the data into Book 2. The other forms, GMP Attendance, HCW Workload, CHD-VAS Attendance and Health Worker Exit Interview also need to be reviewed. This form should also be used to document any mistakes or missing data. These instructions are for the SC to follow:

а	Data Quality Manitarina [Carillay No. 1]							
	Data Quality Monitoring [Facility No. 1]  Research assistant ID No.: Date first child enrolled://							
		Village:	Sub-v	illage:				
	19	e of Form	ltem	Issue	Decision			
b	issue record N/A) C	d		e	f			
ı								
ľ								
ŀ								
ŀ								
-								
ı								
ı								
ŀ								
ŀ								

- a. Write the ID number for the research assistant at the facility, as well as the facility name and village and sub-village in which it is located. The date the first child was enrolled at that particular facility should be written as well.
- b. If relevant, write the child study number for the form to which you are referring (e.g. "601".
- **c.** Fill in the name of the form to which you are referring (e.g. "child health card data collection form" or "KAP Questionnaire").
- **d.** Indicate the form item to which you are referring (e.g. "GM+ date of visit" or "No. 11")
- e. Describe the issue with that item (e.g. "date missing" or "only circled 1s and not 2s for foods not mentioned by mother")
- f. Describe how the issue may be resolved (e.g. "returned to RA to be cross-checked with clinic register" or "returned to RA to be completed correctly) or if the issue cannot be resolved, indicate as such (e.g. "no response, will remain as missing data).

#### **Monitoring Tools – Quality Control Checklist**

One "Quality Control Checklist" needs to be completed by the study coordinator each time he/she conducts a monitoring visit. This checklist is meant to help remind the SC of all the monitoring activities that need to be conducted each time. These instructions are for the SC to follow:

	Quality Control Checklist							
а	Research assistant ID No.:							
	Facility's name:							
	Child's name:		_					
b	Time started:::							
C	a. Interviewer introduces her/himself	Yes	No	Comments				
C	b. Interviewer obtains/has obtained consent							
	c. Asks questions as written on the questionnaire							
	d. Interviewer probes where necessary							
	e. Fills data collection form correctly							
	f. Interviewer writes clearly							
	g. Interviewer is polite and respectful							
d	Time ended:::							
е	Collect all KAP surveys completed since your last visit -  Are the surveys completed correctly?							
	Copy all new child health data (eg. DPT 3, GM+, Measles) collected since your last visit -							
f	Has data been clearly recorded? ☐ Yes ☐ No							
	Has the data been filled in completely? ☐ Yes ☐ No ***If there are any issues with data							
g	Indicate any issues requiring follow-up:	collection, record the specific problems on the "Data Quality" form. If the issue can be resolved, discuss with the research assistant and have him/her fix the problem before collecting the data.						
h	General comments:							
i	Research assistant's signature:							
	Study coordinator's signature:							

At least one interview needs to be observed per facility visit. For each interview:

- **a.** Write the research assistant's ID number, the facility's name, and the name of the child for whom data is being collected.
- **b.** Write the time when the research assistant first sits down with the mother/child to begin collecting data.
- c. As you observe the interaction between the research assistant the mother/child, take note of a-g. If you have any comments, write them in the space provide to the right o this section.
- **d.** Write the time when the research assistant ends the data collection.

For each monitoring visit you will also need to:

- e. Check all completed KAP questionnaires for mistakes or missing data. If there are any issues, record them in a "data quality monitoring" form and resolve them before removing the questionnaires from the facility.
- f. Copy all newly collected child health card data into Book 2. If there are any issues, record them in a "data quality monitoring" form and resolve them before leaving the facility.
- g. If there are any issues requiring follow-up indicate them here. For example, if the research assistant is having trouble filling out a section on one particular form, indicate it here so you know to closely monitor if the issue remains when you return for your next visit.
- **h.** If you have any comments about the visit, indicate them here.
- i. Have the research assistant sign here when you complete the visit. You also need to sign. These signatures confirm that you conducted the visit and all of the information you provided is accurate.